



St Edmundsbury Life Saving Club

e-Newsletter

Sept 18

www.stedmundsburylifesavers.org.uk

Issue; 30

Chairman's Welcome... With the great weather we have had this summer there have been lots of opportunities to get into the water! Our open water sessions at Felixstowe have been well attended and we had a fantastic club camp at Hemsby! With the good weather we have also seen some tragic incidents reported, underlying why it is important to respect open water and hopefully the clubs activities in the open water give you the experience & lifesaving skills to do that. Welcome back and enjoy this term! **Richard**



Club Camp 2018

Once again we headed for Hemsby for our annual camp, all 75+ of us! With some fantastic weather we all enjoyed plenty of time on the beach and in the sea. The usual 'tug of war' and 'flags' were fiercely contested, while lots of fun was had sliding down the dunes on the body boards. Back at camp Fish and Chips and the quiz got everyone together. This year 'Error 404 – team not found' were the winners. This year we also took the opportunity to visit the Hemsby volunteer Lifeboat crew, with our raffle raising £200 towards their running costs (Thank you to local businesses who donated prizes). We also held the Bob Myles Open Water Challenge over the weekend. 14 Pairs competed in Flags, Lifeguard Fitness, Paddle board challenge, Throwing & Torpedo rescues. With a BBQ to round off the camp, overall it was a great weekend which we hope you all enjoyed! Thanks to everyone who helped make it such a success!

The Committee





Loads more pictures on the gallery pages of the website!

Events/ Diary Dates;

New term starts Sunday 16th Sept, 6pm – print off your membership form!

23rd Sept, 10am Shelia Norman Branch Open Water Challenge - Felixstowe